## CLIFTON YOUTH STRENGTHSEXPLORER THEME DESCRIPTIONS

## **BRIEF THEME DESCRIPTIONS**

| ACHIEVING      | You have more energy and more goals than other people. You love a sense of accomplishment.   |
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| CARING         | In your heart, helping other people is very important. You want to make the world better by helping people in small ways or big ways.  |
| COMPETING      | You see many things in life as a game, and you feel great joy when you win. You truly hate to lose because you are always striving for first place.  |
| CONFIDENCE     | You believe in yourself and what you can do. This helps you take on challenges because you feel sure you can succeed.  |
| DEPENDABILITY  | Trust is important to you, and you care about being seen as responsible and trustworthy. People count on you to do what you say you will do. When you make a promise, you mean to keep it. |
| DISCOVERER     | A thinker and learner, you are excited about exploring ideas and making connections. You like to ask the questions "How?" and "Why?"   |
| FUTURE THINKER | Your mind loves to think and dream about the future. You are a person who thinks about what is possible, not what is impossible.   |
| ORGANIZER      | Scheduling, planning, and organizing your world makes life better. People count on you to get the details right and pull a plan together.  |
| PRESENCE       | You were born to be at the front of the room telling stories and taking the lead.  Other people watch you and listen to you.   |
| RELATING       | You like to start friendships and keep them for a long time — maybe even your whole life. You widen the circle of friends for yourself and others.   |