



WHANGAPARAOA COLLEGE

19 October 2012

TO WHOM IT MAY CONCERN

Re: StrengthsQuest Programme at Whangaparaoa College

I am writing in support of the StrengthsQuest Programme operating at Whangaparaoa College. This is a new initiative facilitated by Coast Youth Community Trust for the year of 2012.

A number of our learners have benefited from participating in this course which is designed to help a student understand the impact their Top 5 Signature Themes have on relationships, study, careers and self-awareness.

Learners are given a workbook and code to complete their online assessment. They have then spent two sessions with Anna (Gallup Strengths Accredited Coach) looking at the application of their strengths.

Not only does this tool help our learners understand how unique they are. It also helps them discover their natural potential and greatest opportunities, for personal and career success. This is a valuable option, for many young people who are unsure of where to begin and who do not know their unique Talents.

I have utilized this service with a group of students who were identified as feeling 'stuck' with their studies, which went on to reflect their motivation towards their schooling and vocational pathways. Their involvement in the StrengthsQuest programme helped them to refocus their energies into their academia. It helped learners to leverage their talents to approach their classwork & study, through a focus on what they naturally do well. It provided valuable information for learners to understand themselves and gave clues to the type of work environment in which they would be most likely to thrive, thus assisting with increasing momentum back to their engagement with learning.

These outcomes support our desire to see students holistically supported towards learning success.

We hope the delivery of this programme continues in the future.

Yours sincerely

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